

## **Cultivating Respect: Stopping Bullying to Create Safer Schools**

## **Background:**

Once considered to be a common rite of passage, the effects of bullying and harassment have been devastating for young people who identify as LGBTQ+ (and those who are perceived to be) in the US. For years, news reports have been filled with tragic stories of LGBTQ+ youth who have died by suicide after experiencing bullying and harassment from their peers. Research shows that many others have experienced lower student achievement, attendance, and self-esteem as a result of an unwelcoming school environment.

This learning session provides participants the tools they need to make the case for inclusive anti-bullying policies, support LGBTQ+ youth who are being bullied, and take action when the system fails to protect students. Through illustrative stories as well as research and data, this session is a great way to engage any parent (or individual that knows and cares about a schoolaged young person) in a conversation about creating change for any student who has ever felt bullied, harrassed, or excluded.

## **Learning Session Outline:**

- Learn about the paramount importance of having comprehensive, enumerated
  anti-bullying policies that expand our understanding of bullying and harassment beyond the classroom
- Review recent examples of bullying and harassment in US schools to illustrate the profound impact anti-LGBTQ+ bias can have on young people
- Offer key facts and related data about bullying and harassment that provide participants the context they need to discuss these issues with educators and school personnel
- Discuss the ways to start cultivating respect at home, in schools, and at the district level
- Understand local and state laws, related to bullying and harassment in schools, and information about how to get involved locally in safe schools efforts

Recommended	90 minutes (in-person), 60 minutes (online)
Session Length:	
Target Audience:	General audience, no experience with LGBTQ+ issues required
Participant Materials:	Cultivating Respect: Safe Schools for ALL, online resource page
Additional Information:	The state laws featured in this learning session can be customized based on the location of the company hosting the event.
	This session is often effective in growing relationships with other network groups and engaging new and potential allies that have not participated in LGBTQ+ specific events in the past.

For more information on this session, contact Mackenzie Harte (they/them), Learning & Inclusion Coordinator, by e-mailing maharte@pflag.org or calling (202) 467-5411.