

Re-Envisioning Pride, Inclusion, and Progress: **Finding Signs of Hope and Action in Tough Times**

Background:

Change in times of social and political turmoil can be difficult, even for the most seasoned ally. What is the role of an ally in challenging times? What does "getting it right" actually look like? How do we express allyship when we are discouraged?

In this session, we'll look at the challenges of allyship in tumultuous times by examining some of the changes that have set the work of advocates back. We'll also contextualize what this means for individual changemakers, LGBTQ+ network group efforts, and larger institutions today.

Most importantly, we'll discuss the signals of hope and progress that can help refocus efforts – while looking at behavioral shifts that help people weather hard times, push through barriers to inclusion, and thrive as perfectly imperfect allies.

Content Overview:

Understand where we are now in terms of progress, pride, and possibility by examining the meanings and action items from three major headline dominating events:

- **COVID-19:** As the pandemic enters its third year, what lessons can we learn from the LGBTQ+ and ally community's history of HIV/AIDS activism?
- Black Lives Matter and Racial Justice Work: The movement to affirm and celebrate black lives has been done in truly intersectional ways. How we can use this example to fuel our own inclusive approach to change?
- Global LGBTQ+ Change: We are seeing unprecedented attacks on people who are LGBTQ+ across the globe including in many states throughout the US. What are we learning, and how can we remain part of creating change?

Recommended Session Length:	60 minutes (presentation and short discussion) or 75 minutes (presentation and short facilitated panel conversation)
Target	General audience, no prior knowledge of LGBTQ+ issues required.
Audience:	
Participant	Online resource page with custom URL
Materials:	
Additional	As of January 2022, this session is only available in an online format. For more
Information:	information on in-person sessions, please speak with a PFLAG representative.

For more information on this session, contact Mackenzie Harte (they/them), Learning & Inclusion Coordinator, by e-mailing maharte@pflag.org or calling (202) 467-5411.