

## Advanced Bi+ Allyship: Going Beyond the "Bi"nary

## **Session Description:**

Continuing our bisexual+ (bi+) ally journey can take a lot of introspection about (un)conscious biases—and that work must continue to become a more advanced ally. Participants in this session will learn more about common myths and stereotypes about people who are bi+, discuss advanced bi+ ally behaviors, and continue the conversation about how organizations can grow to be even more inclusive of colleagues who are bi+.

## **Content Overview:**

It is important for allies to understand and have the ability to dispel common myths and stereotypes about people who are bi+ so that they are able to stand up to anti-bi+ bias wherever it occurs. Leveraging PFLAG's 50 years of experience as the nation's original ally organization, this session will:

- Review bi+ terminology and some of the challenges that people who are bi+ face;
- Unpack common myths and stereotypes about people who are bi+, how to push back when they come up, and ways to move beyond them;
- Consider advanced ally behaviors to continue your journey towards being a bi+ super ally;
- Suggest next steps that organizations can take to ensure that people who are bi+ feel included; and
- Connect with organizations led by, and resources created for, individuals with bi+ identities.

Session Length:	90 minutes (in-person or hybrid), 60 minutes (online only)
Target Audience:	Audiences who have gone through PFLAG's "Bi+ Allyship: How to Not Let Things Fall Bi the Wayside" workshop
Participant Materials:	Online resource page
Additional Information:	"Bi+ Allyship" is a prerequisite for this course. Online only events may be scheduled for 75 minutes, to allow for an extended Q&A session with the PFLAG team.

For more information on this session, please contact training@pflag.org.

Updated January 2025