



## Bi+ 101 Allyship: How to Not Let Things Fall Bi the Wayside

### Session Description:

There is still an unfortunate lack of representation and understanding of the bisexual+ (bi+) community in the workplace. Statistics show that over 50% of the LGBTQ+ community identifies as bi+, including identities such as pansexual, fluid, omnisexual, queer, and more. Participants in this session will learn more about the bi+ community, why it's so important to understand and respect bi+ people, and some tools to be a great bi+ ally.

### Starter questions:

1. Why do you think people who are bi+ are out at such significantly lower rates than gay and lesbian folks?
2. It seems like a lot of young people identify as bi+. Could it be that they're just trying to fit in or be trendy?
3. Can you give some examples of what biphobia might look like in day-to-day life? What about bi+ erasure?