



## Leading With Love: Celebrating & Affirming LGBTQ+ Young People

### Session Description:

In this two-part learning series, participants will learn how to actively love and support their LGBTQ+ loved ones and why that support is so vital. They will also gain strategies needed to get it right and discover where opportunities to shift from support to affirmation exist. Part one of this learning series focuses on sexual orientation and part two focuses on gender identity.

### Content Overview:

People's lives outside of work follow them into the workplace, and this can be especially true for parents. Drawing on PFLAG's 50+ years of experience working with parents and families, this two-part learning series offers parents and caregivers the opportunity to learn how to be more active allies to their LGBTQ+ loved ones. This learning series will:

- Review the importance of being an ally and the vital (and life-saving) role that parent and caregiver support can have on LGBTQ+ young people;
- Share key terminology and vocabulary used by LGBTQ+ youth to describe their identity, including deep dives into sexual orientation (in part one) and gender identity (in part two);
- Unpack some common concerns that parents and caregivers have for their LGBTQ+ children and consider advice for moving past them when concern becomes a barrier to active support; and
- Discuss helpful ally behaviors including how to apologize effectively, correct others, and advocate for change in order to show active support and love to LGBTQ+ youth.

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| <b>Session Length:</b>         | Each session in this two-part series is 90 minutes (in-person or hybrid), 60 minutes (online only)   |
| <b>Target Audience:</b>        | General audiences with a focus on parents and caregivers, no prior knowledge of LGBTQ+ issues required   |
| <b>Participant Materials:</b>  | <i>Our Children and Our Trans Loved Ones</i> (English and Spanish editions),<br>Online resource page   |
| <b>Additional Information:</b> | Online only events may be scheduled for 75 minutes, to allow for an extended Q&A session with the PFLAG team.<br><br><b>Both sessions in this two-part series must be booked together.</b> |

For more information on this session, contact Mackenzie Harte (they/them), Learning & Inclusion Manager, by e-mailing [mharte@pflag.org](mailto:mharte@pflag.org) or calling (202) 467-5411.

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