



**I need an  
ally because...**

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**straight  
FOR  
equality**

# HELP BUILD NEW ALLIES!



**Come Out.** *There is no bigger game-changer than being out and proud. If it is safe, come out to friends and family so that they know exactly who their support helps.*

**Speak Up.** Many potential allies don't know if their voices are needed or wanted. Speak up and let them know that their words and actions aren't just welcome—they're urgently needed to achieve equality.

**Join In.** Be part of providing resources and education to your allies. Share books like *the guide to being a straight ally* and *the guide to being a trans ally*, send links to the Straight for Equality and PFLAG websites, and include them in events at work and in your community.



Looking for more great ways to support allies? Connect with us online.

[straightforequality.org](http://straightforequality.org)

 [facebook.com/PFLAG](https://facebook.com/PFLAG)



*A program of PFLAG National*

