



What Would You Do? A Guide to Being an Active Ally in Tough Situations

Session Description:

This session for advanced, self-identified allies leads participants in a skill-building experience to fine-tune their allyship and develop the resources needed to take on the tough and tricky world of difficult situations. This customized, scenario-based session features opportunities for participants to apply what they've learned to real-world situations and share their unique strategies for transforming from good to great allies in the workplace.

Content Overview:

Research consistently shows that while most people identify as allies to the LGBTQ+ community, many have never taken action to demonstrate their support for their colleagues or friends. Leveraging PFLAG's 50 years of experience as the nation's original ally organization, this session will:

- Clarify the ways in which the advanced allies' journey looks different than new and potential allies who are just getting started;
- Discuss skills and resources that advanced allies need to establish themselves as advocates, learn more, educate others, and create conversations about LGBTQ+ equality;
- Develop strategies for avoiding conflict and moving away from those dead-end debates; and
- Work out, through a group discussion, how you'd navigate some common (but tough) scenarios that allies often face in the workplace – and learn how others do it, too.

Session Length:	90 minutes (in-person or hybrid), 60 minutes (online only)
Target Audience:	Advanced audience with knowledge of why respect and belonging are important in the workplace and an understanding of core LGBTQ+ terminology
Participant Materials:	Online resource page
Additional Information:	<p>"Want to Be an Ally" is a strongly suggested prerequisite for this session.</p> <p>For in-person and hybrid sessions, this workshop is only available in a 90-minute format.</p> <p>Scenarios considered during this learning session will be developed, customized, and selected in consultation with event planners.</p>

For more information on this session, please contact training@pflag.org.

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